

# Kansas Health Homes: Quick Facts

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## Background

Health Homes are a Medicaid State Plan option available to states and, so, are unique to Medicaid and only available to people who are also eligible for Medicaid. Health Homes provide coordination of physical and behavioral health care with long term services and supports for people with chronic conditions. Health homes expand upon medical home models to include links to community and social supports. Health homes focus on the whole person and all his or her needs to manage his or her conditions and be as healthy as possible. All the caregivers in a health home communicate with one another so that all of a patient's needs are addressed in a comprehensive manner.

## Federal Eligibility

The Federal statute authorizing Health Homes requires that Medicaid individuals eligible for Health Homes must have at least:

- Two chronic conditions; or
- One chronic condition and be at risk for a second; or
- One serious and persistent mental health condition.

States may choose from among the options listed above, including any or all of them in their Medicaid State Plan.

The statute defines chronic conditions as including:

- A mental health condition
- A substance use disorder
- Asthma
- Diabetes
- Heart disease
- A body mass index (BMI) greater than 25

The Secretary of the US Department of Health and Human Services can allow states to include additional chronic conditions.

## Kansas Eligibility

In Kansas, we plan to submit two separate Medicaid State Plan Amendments (SPAs) to allow us to implement Health Homes for two target populations July 1, 2014. The first population employs the Federal option of “one serious and persistent mental health condition,” which we are calling serious mental illness, defined as having a primary diagnosis of one or more of the following:

- Schizophrenia
- Bipolar and major depression
- Delusional disorders
- Personality disorders
- Psychosis not otherwise specified
- Obsessive-compulsive disorder
- Post-traumatic stress disorder

This target population will also include anyone who may have a substance use disorder who also has one of the above-listed diagnoses. We estimate that 36,000 KanCare members are eligible for SMI Health Homes.

The second target population, makes use of the second of the Federal eligibility options, “one chronic condition and at risk for a second.” Initially, this is defined as anyone with asthma, diabetes (including pre-diabetes and metabolic syndrome) who is also at risk for:

- Substance use disorder

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- Hypertension
- Coronary artery disease
- Depression
- Being overweight or obese

We estimate that 38,000 KanCare members are eligible for chronic conditions Health Homes

### Health Homes Services

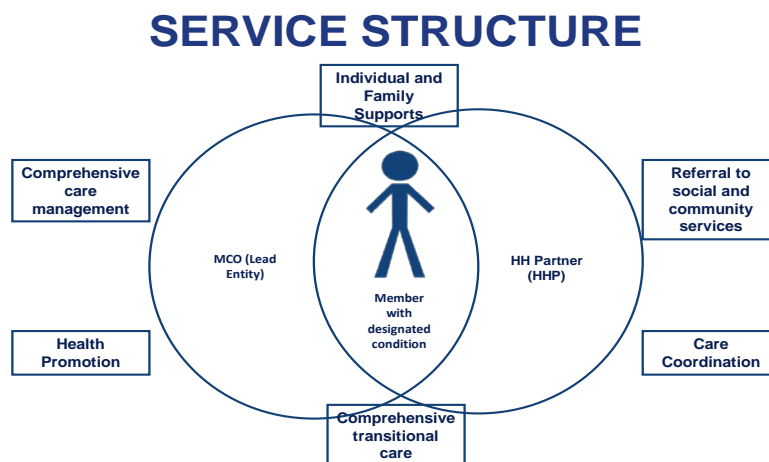
The following six core services must be provided by Health Homes:

- **Comprehensive care management** (provide a plan to guide the consumers, their doctors and other providers)
- **Care coordination** (ensure that proper services are provided timely)
- **Health promotion** (provide education about conditions and tips for maintaining health)
- **Comprehensive transitional care, including appropriate follow-up, from inpatient to other settings** (provide support during and following discharge from hospital or other care facility)
- **Patient and family support (including authorized representative)** (provide a coordinated approach to health goals, including the role of family, caregivers and the individual)
- **Referral to community and social support services, if relevant** (ensures that members receive the services and supports needed to stay in their homes)

Kansas has defined these services more fully. These definitions can be found on Health Homes page of the KanCare website: [http://www.kancare.ks.gov/health\\_home.htm](http://www.kancare.ks.gov/health_home.htm).

### Kansas Health Homes Model

Health Homes in Kansas will be provided through a partnership between Lead Entities - the KanCare managed care organizations (MCOs) - and Health Home Partners (HHPs), community providers who meet certain requirements and contract with the MCOs. Some Health Home services may be provided by the MCOs and some by the HHP. The division of services, as well as payment between the MCO and the HHP, will be spelled out in contract between the MCO and HHP. The HHP may also contract for one or more services. The diagram below illustrates how such a partnership can work.



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## Kansas Health Homes Goals

Kansas has set four goals for Health Homes. These are:

- Reduce utilization associated with avoidable (preventable) inpatient stays
- Improve management of chronic conditions
- Improve care coordination
- Improve transitions of care between primary care providers and inpatient facilities

There are also numerous quality outcomes by which Health Homes will be measured, some of which are required by the Centers for Medicare and Medicaid Services (CMS) and some of which are identical to measures in KanCare. Both the Lead Entities and the HHPs will be reporting on these measures.

## Health Homes Requirements

Both the Lead Entities and the HHPs have specific requirements they will need to meet in order to provide Health Homes services. These requirements are detailed in the draft SPAs and in tables, both of which are available on the Health Homes web page:

[http://www.kancare.ks.gov/health\\_home.htm](http://www.kancare.ks.gov/health_home.htm) .

## Health Homes Payment

Payment methodology and amount are still being refined; however, the Lead Entities will be paid a per-member per-month (PMPM) payment for Health Homes that is distinct from their KanCare PMPM. This PMPM will be actuarially sound and structured to be sustained over time. The State's expectation is that the payment from the Lead Entities to the HHPs will also be a PMPM, unless a specific different arrangement is pre-approved by the State.

CMS requires that at least one Health Home service must be provided within any month for which a PMPM is paid.

## Further Information

For more information about the Kansas Health Homes Project, please refer to the web page ([http://www.kancare.ks.gov/health\\_home.htm](http://www.kancare.ks.gov/health_home.htm)) where the most current draft SPA can be found, along with presentations, FAQs, and other helpful documents. You can also sign up for the *Health Homes Herald*, a monthly newsletter, by e-mailing [healthhomes@kdheks.gov](mailto:healthhomes@kdheks.gov) .